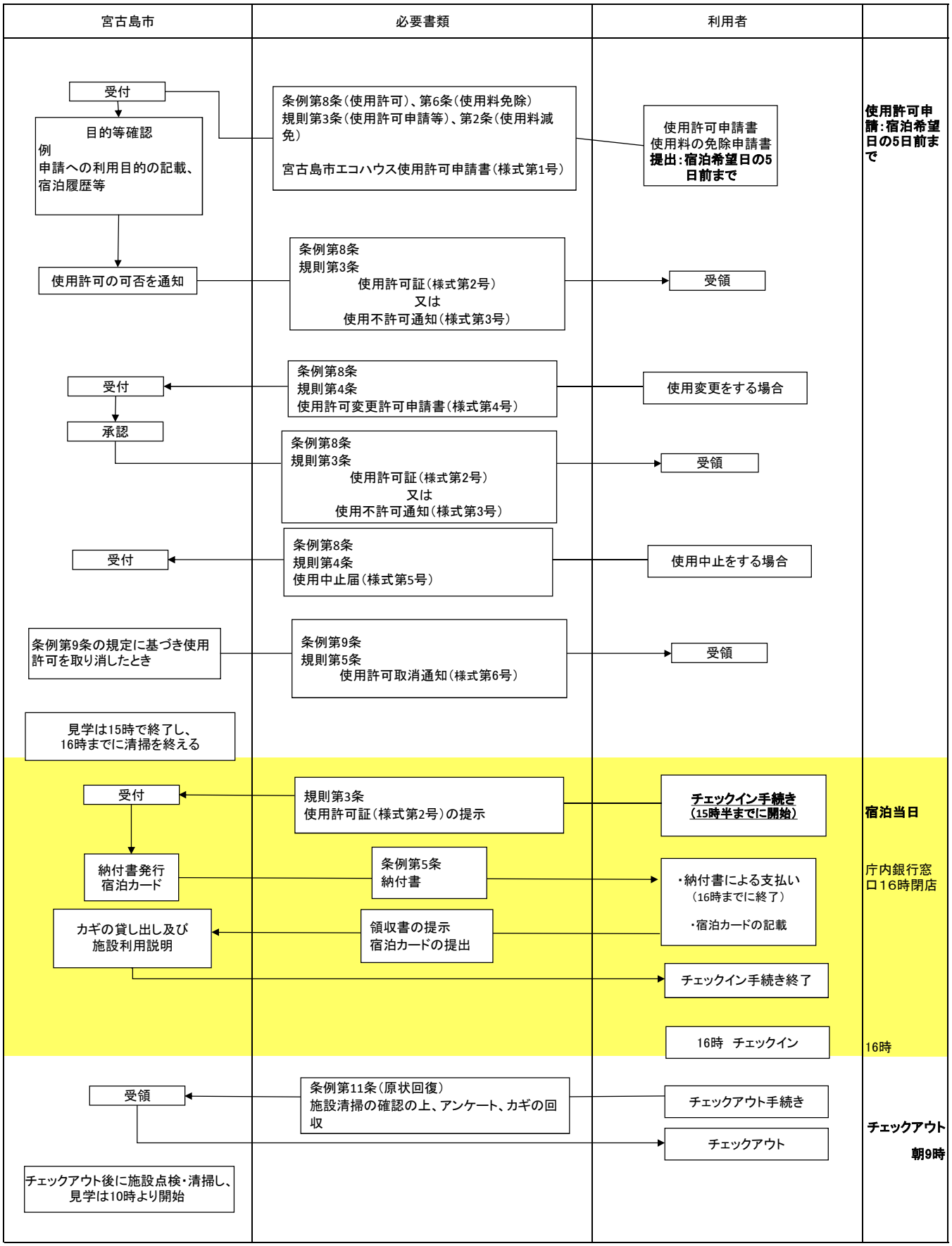エコハウス宿泊体験フロー